



PERSONNEL AND  
READINESS

**UNDER SECRETARY OF DEFENSE**  
4000 DEFENSE PENTAGON  
WASHINGTON, D.C. 20301-4000

**JUN 29 2022**

MEMORANDUM FOR SENIOR PENTAGON LEADERSHIP  
COMMANDERS OF THE COMBATANT COMMANDS  
DEFENSE AGENCY AND DOD FIELD ACTIVITY DIRECTORS

SUBJECT: Consolidated Department of Defense Coronavirus Disease 2019 Force Health Protection Guidance – Revision 1

Effectively immediately, sections 7.4 and 7.5 of the, “Consolidated Department of Defense Coronavirus Disease 2019 Force Health Protection Guidance,” are amended as attached.

The changes to sections 7.4 and 7.5 align the DoD travel testing requirement with the Centers for Disease Control and Prevention, “Rescinding Requirement for Negative Pre-Departure COVID-19 Test Result or Documentation of Recovery from COVID-19 for all Airline or Other Aircraft Passengers Arriving into the United States from Any Foreign Country,” effective June 12, 2022. Specifically, the changes:

- Remove pre-travel viral testing requirements for Service members, DoD family members, DoD civilian employees, and DoD contractor personnel;
- Remove additional guidance relating to travel testing requirements, including exceptions from these requirements; and
- Incorporate recommendations regarding pre-travel testing for all travelers arriving in the United States through or from a foreign country.

Please direct any questions or comments to the following email address:  
[dha.ncr.ha-support.list.policy-hrpo-kmc-owners@mail.mil](mailto:dha.ncr.ha-support.list.policy-hrpo-kmc-owners@mail.mil).

A handwritten signature in black ink, appearing to read "Gilbert R. Cisneros, Jr.", written in a cursive style.

Gilbert R. Cisneros, Jr.

Attachment:  
As stated

#### 7.4. TESTING REQUIREMENTS.

a. Pre-travel, post-travel, and ROM-associated COVID-19 screening testing is authorized for official domestic and international air travel at military medical treatment facilities on a non-reimbursable basis for Service members, DoD civilian employees, DoD contractor employees who are traveling for official DoD business, members of the Selected Reserve (including members of the National Guard), and family members approved to accompany DoD personnel. Testing is authorized for official travel on presentation of an electronic or paper copy of orders at military medical treatment facilities.

b. **The testing guidance indicated below is recommended for personnel (with the exceptions to testing noted below) conducting official international air travel. It is recommended that personnel will adhere to the testing indicated below and** maintain proof of the negative test during travel. If the destination location requires a specific test or stricter test timing, personnel must follow the destination location requirement instead, which may be reflected in the Electronic Foreign Clearance Guide. ~~**For military flights, personnel will follow this guidance on pre-travel testing unless operational circumstances cannot accommodate.**~~

- Pre-travel viral<sup>1</sup> testing is ~~required~~ **recommended** 1 to 3 days prior to departure of the commercial or military airlift for both travel from the United States to a foreign country or from a foreign country to the United States.
- ~~Travelers arriving in the United States without a valid negative COVID-19 test, vaccination, waiver, or proof of recovery from COVID-19, as required by their destination, will be denied entry and/or follow-on travel.~~
- Post-international travel viral testing 3 to 5 days after the completion of travel is recommended for active duty Service members and DoD civilian employees.

c. **The testing guidance indicated below is recommended for active duty Service members (with the exceptions to testing noted below) conducting unofficial international air travel will adhere to the testing indicated below and. It is recommended that the individuals** maintain proof of the negative test during travel. Active duty Service members are authorized to receive pre-international and post-international travel testing.

- Pre-travel viral testing is recommended 1 to 3 days before departure of the commercial or military airlift for travel from the United States to a foreign country. Travelers will adhere to the destination testing requirements.
- Pre-travel viral testing is **required-recommended** 1 day before departure of the commercial or military airlift for travel from a foreign country to the United States.
- Post-international travel viral testing 3 to 5 days after the completion of travel is recommended for active duty Service members and DoD civilian employees.

~~**d. Exceptions to Testing: Unless otherwise required by a more restrictive DoD policy or stated in the Electronic Foreign Clearance Guide:**~~

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<sup>1</sup> Testing in this guidance refers to tests that utilize molecular or, in certain limited circumstances, antigen testing methods, in accordance with the DoD Coronavirus Task Force Diagnostics and Testing Lead Memorandum, "Optimization of Coronavirus Disease 2019 (COVID-19) Testing Resources," March 8, 2021.

- ~~Individuals fully recovered from a laboratory-confirmed diagnosis of COVID-19 infection within the previous 3 months are not required to undergo viral testing and may instead travel with documentation of recovery from COVID-19 that includes:~~
  - ~~Their positive COVID-19 viral test result on a sample taken no more than 90 days before the flight's departure from a foreign country; and~~
  - ~~A letter from a licensed health care provider or a public health official stating that the individual is cleared to travel.~~
- ~~Individuals who are fully vaccinated are exempt from viral testing prior to travel from the United States to a foreign country, unless such testing is necessary as a means of respecting explicit HN requirements for such testing.~~

e. ~~Additional guidance:~~

- ~~“Day” for purposes of testing is a calendar day.~~
- ~~The 1-day time frame is 1 day before the flight's departure (e.g., if individuals subject to testing under this guidance are scheduled to depart a foreign country at 1:00 PM on a Friday, they can board the flight with a negative test that was taken any time on the prior Thursday).~~
- ~~If a trip from the United States to a foreign country is shorter than 1 day, a viral test taken in the United States can be used if the specimen was taken no more than 1 day before the return flight to the United States departs.~~
- ~~Testing requirements for connecting flights:~~
  - ~~Individuals subject to testing who are connecting through the United States to another country must be tested for COVID-19.~~
  - ~~Individuals subject to testing who have one or more connecting flights to get to the United States must have their COVID-19 test taken within 1 day before the departure of their first flight.~~
  - ~~Individuals subject to testing who travel from a U.S. State or territory to another U.S. State or territory, but have to connect through a foreign country (e.g., traveling between the Northern Mariana Islands and the U.S. mainland via Japan) are not required to be tested for COVID-19.~~
- ~~Testing requirements for delayed flights:~~
  - ~~Individuals subject to testing are not required to be retested for COVID-19 if their first flight is delayed past the 1-day limit of testing due to a situation outside of their control (e.g., delays because of severe weather or aircraft mechanical problem), and that delay is 24 hours or less past the 1-day limit for testing.~~
  - ~~Individuals subject to testing are not required to be retested for COVID-19 if their connecting flight is delayed past the 1-day limit of testing due to a situation outside of their control (e.g., delays because of severe weather or aircraft mechanical problem), and that delay is 48 or fewer hours past the 1-day limit for testing.~~
  - ~~Individuals subject to testing must be retested for COVID-19 if their connecting flight is delayed past the 1-day limit of testing due to a situation~~

~~outside of their control (e.g., delays because of severe weather or aircraft mechanical problem), and that delay is more than 48 hours past the 1-day limit for testing.~~

## 7.5. SPECIFIC GUIDANCE BY TYPE OF TRAVEL.

### 7.5.1 Travel from the United States to a Foreign Country

#### a) Official Travel

##### i) Service members

- Will conduct a travel-associated ROM as follows unless a ROM exception described above applies:
  - Upon arrival at the foreign country destination:
    - As a means to respect HN regulations, Service members will observe applicable HN public health measures.
    - ROM will be conducted as follows:
      - At least 10 days without testing; or, after an appropriate risk assessment, the head of an OSD Component or Secretary of a MILDEP may, consistent with applicable HN public health measures, decrease to a ROM for 5 days with a negative viral test at the end of the 5-day ROM.
      - MILDEPs maintain the authority to determine how necessary ROM and movement, including the mode of transportation to final destinations, are executed.
  - If it is necessary as a means to respect HN regulations to undertake a pre-arrival ROM to observe applicable HN public health measures, the Service member will follow the 10-day or 5-day ROM procedures described above at an appropriate domicile prior to departure and complete pre-travel testing within one to three days prior to departure.
  - Only one ROM is required, either before travel or after arrival.
  - Must follow all other requirements imposed by the GCC with responsibility over the destination geographic area, including all applicable HN procedures as a means to respect HN law, and all requirements of the Electronic Foreign Clearance Guide.

##### ii) DoD family members

- Service members must attest that, to the best of their knowledge, their family members have followed the same requirements as those set forth for Service members in this guidance. Failure to do so may result in delay or cancellation of previously authorized travel. This attestation requirement will be incorporated into travel orders issued to Service members.

##### iii) DoD civilian employees

- Will conduct a travel-associated ROM and other FHP practices as described above for Service members.

##### iv) DoD contractor personnel

- DoD contracting officers will ensure that all contracts that include performance outside the United States require DoD contractor personnel to comply with the country entry requirements of the respective GCC (which may include screening,

ROM, and testing), as reflected in the Electronic Foreign Clearance Guide, and all applicable HN procedures necessary to respect HN law. The GCC may waive such additional requirements, consistent with existing authorities.

b) Unofficial Travel

- i) Service members will comply with their respective MILDEP guidance, DoD Component-specific guidance, and/or GCC and applicable HN procedures, as necessary to respect HN law, for the areas to which, and through which, they are traveling.
- ii) DoD family members, DoD civilian employees, and DoD contractor personnel must comply with the guidance and/or applicable HN procedures, as necessary to respect HN law, for the areas to which, and through which, they are traveling, and are strongly recommended to follow the FHP guidance for Service members provided within this document and any other DoD Component-specific guidance.

7.5.2. Travel From or Through a Foreign Country to the United States

a) Official Travel

i) Service members

- **Will It is recommended that Service members** conduct ~~pre-travel screening and~~ testing as described above, prior to departure. **Service members will conduct a risk assessment as described in “Determining Whether to Travel,” above.** If COVID-19 infection is indicated by the **risk assessment screening** or testing, delay travel and consult a health care provider for clearance to travel.
- **Service members will** ~~Will~~ conduct a risk assessment as described in “Determining Whether to Travel” above upon arrival in the United States. Those who become ill, or have had close contact with a person known to have contracted COVID-19, during travel will follow the requirements in section 5 related to workplace access.
- ROM will be conducted as follows: Unless a ROM exception described above applies, if traveling from or having traveled through a foreign country, the Service member will, upon arrival at his or her destination domicile:
  - ROM for at least 10 days without testing.
    - After an appropriate risk assessment, the head of the OSD Component or Secretary of the MILDEP concerned may decrease to a ROM for 5 days with a negative viral test at the end of the 5-day ROM.
    - Personnel whose presence is required in the workplace by their supervisor may return to work during the ROM period in accordance with section 5.
  - For any travel-associated ROM, follow the procedures specified above in the “Steps to Be Taken During ROM” section. The ROM requirements may be reduced or waived by the appropriate head of an OSD Component or Secretary of a MILDEP on a case-by-case basis with appropriate risk assessment and mitigation measures.
  - Comply with all installation, State, and local government guidance.
  - Are recommended to get tested for COVID-19 between 3 and 5 days after arrival, regardless of their vaccination status.
- ii) **It is recommended that** DoD family members ~~will~~ conduct pre-travel screening and testing as described above and are strongly recommended to follow the FHP guidance

- that is provided within this document for Service members during all travel.
- iii) **It is recommended that** DoD civilian employees and DoD contractor personnel **will** conduct pre-travel screening and testing as described above and are strongly recommended to follow the FHP guidance for Service members that is provided in this document during all travel. Any applicable requirements in section 5 must be met prior to returning to a DoD workplace.
- b) Unofficial Travel
- i) Service members
    - **It is recommended that Service members** ~~Will~~ conduct pre-travel testing as described above. **Service members will** ~~and~~ follow **pre-travel screening and** risk assessment and ROM procedures described above in the Official Travel section.
    - **Service members will** ~~Will~~ comply with DoD Component-specific guidance and/or procedures of the GCC, including those necessary to respect HN procedures applicable to the countries to which, and through which, they are traveling.
    - **Service members will** ~~Will~~ conduct a risk assessment as described in “Determining Whether to Travel” above upon arrival in the United States. Those who become ill, or have had close contact with a person known to have contracted COVID-19 during travel, must self-isolate (if ill) or quarantine (if exposed but not ill) and notify their chain of command or supervisor. Exception: Individuals fully recovered from a laboratory-confirmed diagnosis of COVID-19 infection within the previous 3 months or those who are fully vaccinated are not required to quarantine as long as they remain symptom-free.
  - ii) DoD family members may follow the FHP guidance, including pre-travel screening, for Service members provided within this document.
  - iii) DoD civilian employees and DoD contractor personnel may follow the FHP guidance, including pre-travel screening for Service members provided within this document. Any applicable requirements in section 5 must be met prior to returning to a DoD workplace.

### 7.5.3. Travel Within the United States

- a) Official Travel
- i) Service members
    - Will comply with military installation, State, and local government travel restrictions.
    - Will comply with their DoD Component-specific guidance and/or procedures for screening, ROM, and testing, and should review and consider CDC guidance.
  - ii) DoD family members are strongly recommended to follow the FHP guidance for Service members provided within this document during all travel.
  - iii) DoD civilian employees and DoD contractor personnel will conduct pre-travel screening as described above and are strongly recommended to follow the guidance for Service members provided within this document for Service members during all travel. Any applicable requirements in section 5 must be met prior to returning to a DoD workplace.
- b) Unofficial Travel

- i) Service members
  - Should consult the COVID-19 Travel Restrictions Installation Status Update available at <https://www.defense.gov/Spotlights/Coronavirus-DOD-Response/> prior to travel.
  - Will comply with military installation, State, and local government travel restrictions.
  - Will comply with their DoD Component-specific guidance and/or procedures for screening, ROM, and testing.
- ii) DoD family members are strongly recommended to follow the FHP guidance for Service members provided within this document during all travel.
- iii) DoD civilian employees and DoD contractor personnel are strongly recommended to follow the guidance for Service members provided above. Any applicable requirements in section 5 must be met prior to returning to a DoD workplace.